BUILDING THE FOUNDATION FOR HOUSING, SERVICES, AND SUPPORTS:
BEST PRACTICES OPPORTUNITIES

FUNDED BY NJ COUNCIL OF DEVELOPMENTAL DISABILITIES

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“Best Practices” refers to a procedure that has been shown by research and/or evidence to produce optimal results and is established or proposed as a standard suitable for widespread adoption.
PERSON CENTERED THINKING

- Regulators and service providers review their practices and provide all personnel with increased training regarding Person-Centered Practices and implementation.

No Wrong Door Projects of National Significance
SELF-DIRECTION AND BUDGET AUTHORITY

- Continue to promote self-direction, self-advocacy and self-determination for individuals with I/DD.

- Review funding system and regulations for needed updates.

- Review the tier budgets for individuals and rate setting for vendors and establish a mechanism for ongoing updates to assure that sufficient funds are available to support individuals with I/DD.

- Provide line item flexibility within individual budgets so that funds can be fully utilized for approved services.
MICROBOARDS™ SUPPORT INDIVIDUALS

- Develop options for support when families can no longer assist individuals with planning, decision-making, and self-direction.

- Explore options to utilize MicroboardsTM to support individuals in planning and decision-making and provide technical assistance.
SUPPORT COORDINATION AND SUPPORT BROKERAGE

- Manage **Support Coordinator workloads to have small caseloads and limited administrative responsibilities** so that focus is primarily upon individual and not system needs; delegate data collection and quality assurance monitoring responsibilities to other entities.

- Utilize **Support Brokers with specific knowledge** to research and secure necessary services when the family or the individual with I/DD is not able to do so independently.

- **NYSACRA has extensive training program for “Housing Navigators”**
COORDINATED HEALTHCARE & WELLNESS EDUCATION

Implement the "Healthy Homes and Medical Homes" concepts that offer a combination of primary healthcare and wellness services incorporated into residential settings or neighborhoods for individuals with developmental disabilities.

Medical Home Network – [www.medicalhomenetwork.org/proven-model](http://www.medicalhomenetwork.org/proven-model)
OPTIONS INCORPORATING BEST PRACTICES ARE AVAILABLE TO MEET THE INTENSIVE SUPPORT NEEDS OF THOSE WITH HIGH ACUITY

- Develop **innovative models** to safely treat the intensive medical and/or behavioral health needs of individuals with I/DD.

- Develop an **urgent response system** with a team of experts who are empowered to make decisions and access available supports when a person with complex needs has an emergency need for residential services.

RWJ initiative – The Green House Project Model
THE SYSTEM IS INVESTED IN A STRONG DIRECT SUPPORT WORKFORCE

- Continue to advocate for increased wages, benefits, career path, training and incentives for direct support personnel.

University of Minnesota’s Institute on Community Integration Research

NY “Managed Long-Term Care Investment Program ($245 million to train, recruit and retain DSPs

“Key Ring Model” – DSPs, natural supports and individuals live in same neighborhood

www.MySupport.com has personal profiles to match individuals with DSPs
Establish reasonable guidelines that protect safety and privacy when using technology in licensed and unlicensed facilities.

Develop incentives to build aging in place and smart home technology adaptations into a percentage of all new construction and rehab sites.

Coleman Institute for Cognitive Disabilities

SimplyHome Case studies at www.simply-home.com/case-studies
COMMUNITY INTEGRATION IS FOSTERED WHEN DESIGNING HOUSING AND SUPPORTS

- Encourage development of **new housing and supportive service models** that incorporate community integration into the design.

Creative models include but are not limited to:

- **Shared living** - [www.ancor.org/resources/topics/shared-living](http://www.ancor.org/resources/topics/shared-living)
- **Co-Housing Communities** – [www.cohousing.org](http://www.cohousing.org)
- **Cooperative Homes** – [www.cooperativeforhs.org/](http://www.cooperativeforhs.org/)
- “Host Homes” – Vermont, Massachusetts, Texas, & New Hampshire
- **Assistive-living** – [www.gardant.com/services/community-types/](http://www.gardant.com/services/community-types/)
BUILD THE CAPACITY OF AFFORDABLE HOUSING THROUGH FUNDING HOUSING DEVELOPMENT AND RENTAL ASSISTANCE

- Fund a combination of support available simultaneously for affordable housing development, along with capital funding, rental assistance vouchers and supportive housing services, to address the population with special needs.

  California has “No Place like Home”

  “Movin’ Out” supplies technical assistance to families developing housing options

  “Home of Your Own” – Connecticut’s home mortgage program

  Laternman Housing Alliance- helps families to develop “Legacy Homes”
SIMPLIFY EASE OF ACCESS AND REFERRAL TO SERVICE DELIVERY

- Simplify the application process to a common application to apply for supportive services, housing, and rental assistance vouchers simultaneously.

  Massachusetts has 99 PHA with one waiting list for rental assistance.

- Design a coordinated referral system to match up the availability of vacancies within DDD waiver services for those on the waiting list.
Based upon assessment of need, use research and objective data to drive decision-making, policy development and allocation of resources.
Grant Partners
Supportive Housing Association of NJ
   Autism NJ
   The Arc of NJ
   Autism Speaks
The Housing & Community Development Network of NJ

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http://www.shanj.org/advocacy/testimony-and-reports

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