



The Supportive Housing Association of New Jersey

# **BUILDING THE FOUNDATION FOR HOUSING, SERVICES, AND SUPPORTS: BEST PRACTICES OPPORTUNITIES**

FUNDED BY NJ COUNCIL OF DEVELOPMENTAL DISABILITIES

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**“Best Practices”** refers to a procedure that has been shown by **research and/or evidence** to produce optimal results and is established or proposed as a standard suitable for widespread adoption.



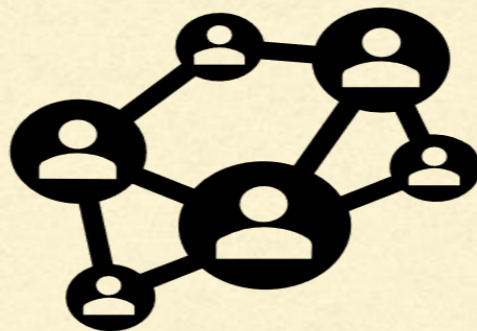
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# PERSON CENTERED THINKING

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- Regulators and service providers review their practices and provide all personnel with increased training regarding Person-Centered Practices and implementation.

**No Wrong Door Projects of National Significance**





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# SELF-DIRECTION AND BUDGET AUTHORITY

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- **Continue to promote self-direction, self-advocacy and self-determination for individuals with I/DD.**
- **Review funding system and regulations for needed updates.**
- **Review the tier budgets** for individuals and rate setting for vendors and establish a mechanism for ongoing updates to assure that sufficient funds are available to support individuals with I/DD.
- **Provide line item flexibility** within individual budgets so that funds can be fully utilized for approved services.



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# MICROBOARDS™ SUPPORT INDIVIDUALS

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- **Develop options for support when families can no longer assist individuals with planning, decision-making, and self-direction.**
- Explore options to utilize Microboards™ to support individuals in planning and decision-making and provide technical assistance.





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# SUPPORT COORDINATION AND SUPPORT BROKERAGE

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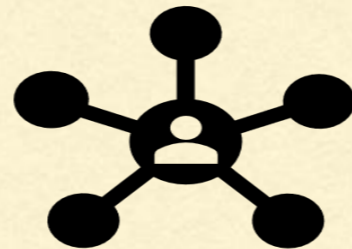
- Manage **Support Coordinator workloads to have small caseloads and limited administrative responsibilities** so that focus is primarily upon individual and not system needs; delegate data collection and quality assurance monitoring responsibilities to other entities.
  - Utilize **Support Brokers with specific knowledge** to research and secure necessary services when the family or the individual with I/DD is not able to do so independently.
  - **NYSACRA has extensive training program for “Housing Navigators”**
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# COORDINATED HEALTHCARE & WELLNESS EDUCATION

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- Implement the "**Healthy Homes and Medical Homes**" concepts that offer a combination of primary healthcare and wellness services incorporated into residential settings or neighborhoods for individuals with developmental disabilities.



Medical Home Network – [www.medicalhomenetwork.org/proven-model](http://www.medicalhomenetwork.org/proven-model)

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# OPTIONS INCORPORATING BEST PRACTICES ARE AVAILABLE TO MEET THE INTENSIVE SUPPORT NEEDS OF THOSE WITH HIGH ACUITY

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- Develop **innovative models** to safely treat the intensive medical and/or behavioral health needs of individuals with I/DD.
- Develop an **urgent response system** with a team of experts who are empowered to make decisions and access available supports when a person with complex needs has an emergency need for residential services.

**RWJ initiative – The Green House Project Model**

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# THE SYSTEM IS INVESTED IN A STRONG DIRECT SUPPORT WORKFORCE

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- Continue to advocate for increased wages, benefits, career path, training and incentives for direct support personnel.



University of Minnesota's Institute on Community Integration Research

NY "Managed Long-Term Care Investment Program (\$245 million to train, recruit and retain DSPs

"Key Ring Model" – DSPs, natural supports and individuals live in same neighborhood

[www.MySupport.com](http://www.MySupport.com) has personal profiles to match individuals with DSPs

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# TECHNOLOGY, INCLUDING SMART HOME TECHNOLOGY, UNIVERSAL DESIGN ADVANCE INDEPENDENCE, AND REDUCING RELIANCE UPON PERSONAL ASSISTANCE

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- Establish reasonable guidelines that protect safety and privacy when using technology in licensed and unlicensed facilities.
- Develop incentives to build aging in place and smart home technology adaptations into a percentage of all new construction and rehab sites.

**Coleman Institute for Cognitive Disabilities**



***SimplyHome* Case studies at [www.simply-home.com/case-studies](http://www.simply-home.com/case-studies)**

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# COMMUNITY INTEGRATION IS FOSTERED WHEN DESIGNING HOUSING AND SUPPORTS

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- Encourage development of **new housing and supportive service models** that incorporate community integration into the design.

**Creative models include but are not limited to:**

Shared living- [www.ancor.org/resources/topics/shared-living](http://www.ancor.org/resources/topics/shared-living)

Co-Housing Communities – [www.cohousing.org](http://www.cohousing.org)

Cooperative Homes – [www.cooperativeforhs.org/](http://www.cooperativeforhs.org/)

“Host Homes” – Vermont, Massachusetts, Texas, & New Hampshire

Assistive-living – [www.gardant.com/services/community-types/](http://www.gardant.com/services/community-types/)



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# BUILD THE CAPACITY OF AFFORDABLE HOUSING THROUGH FUNDING HOUSING DEVELOPMENT AND RENTAL ASSISTANCE

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- Fund a **combination of support available simultaneously** for affordable housing development, along with **capital funding, rental assistance vouchers and supportive housing services**, to address the population with special needs.

**California has “No Place like Home”**



**“Movin’ Out” supplies technical assistance to families developing housing options**

**“Home of Your Own” – Connecticut’s home mortgage program**

**Laternman Housing Alliance- helps families to develop “Legacy Homes”**

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# SIMPLIFY EASE OF ACCESS AND REFERRAL TO SERVICE DELIVERY

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- Simplify the application process to a **common application** to apply for supportive services, housing, and rental assistance vouchers simultaneously.

Massachusetts has 99 PHA with one waiting list for rental assistance.

- **Design a coordinated referral system** to match up the availability of vacancies within DDD waiver services for those on the waiting list.



# RESEARCH AND DATA ANALYSIS DRIVE PLANNING AND POLICY DECISION-MAKING

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- Based upon **assessment of need**, use research and objective data **to drive decision-making, policy development and allocation of resources.**
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# The Supportive Housing Association of New Jersey

## Grant Partners

Supportive Housing Association of NJ

Autism NJ

The Arc of NJ

Autism Speaks

The Housing & Community Development Network of NJ

Deborah Wehrlen, Researcher & Author

<http://www.shanj.org/advocacy/testimony-and-reports>

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