

The CCBHC: An Innovative Model of Care for Behavioral Health



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Overview of the CCBHC



- The Certified Community Behavioral Health Clinic is authorized under Section 223 of the [Protecting Access to Medicare Act \(PAMA\) \(PL 113-93\)](#).
- Program objectives are to integrate behavioral health with physical health care, increase consistent use of evidence-based practices, improve access to high-quality care and demonstrate cost efficiencies.
- Selected states participating initiated a two year demonstration project utilizing a Prospective Payment Rate system.

The Mission and Purpose



1. Improve overall health and wellness by expanding and improving community mental health care, housing, and care coordination.
2. Implement a model that provides integration of behavioral health, physical health and addictions treatment; serving the whole person.
3. Enhance services provided through implementation of Evidenced Based Practices endorsed by the model.

NJ CCBHC Providers



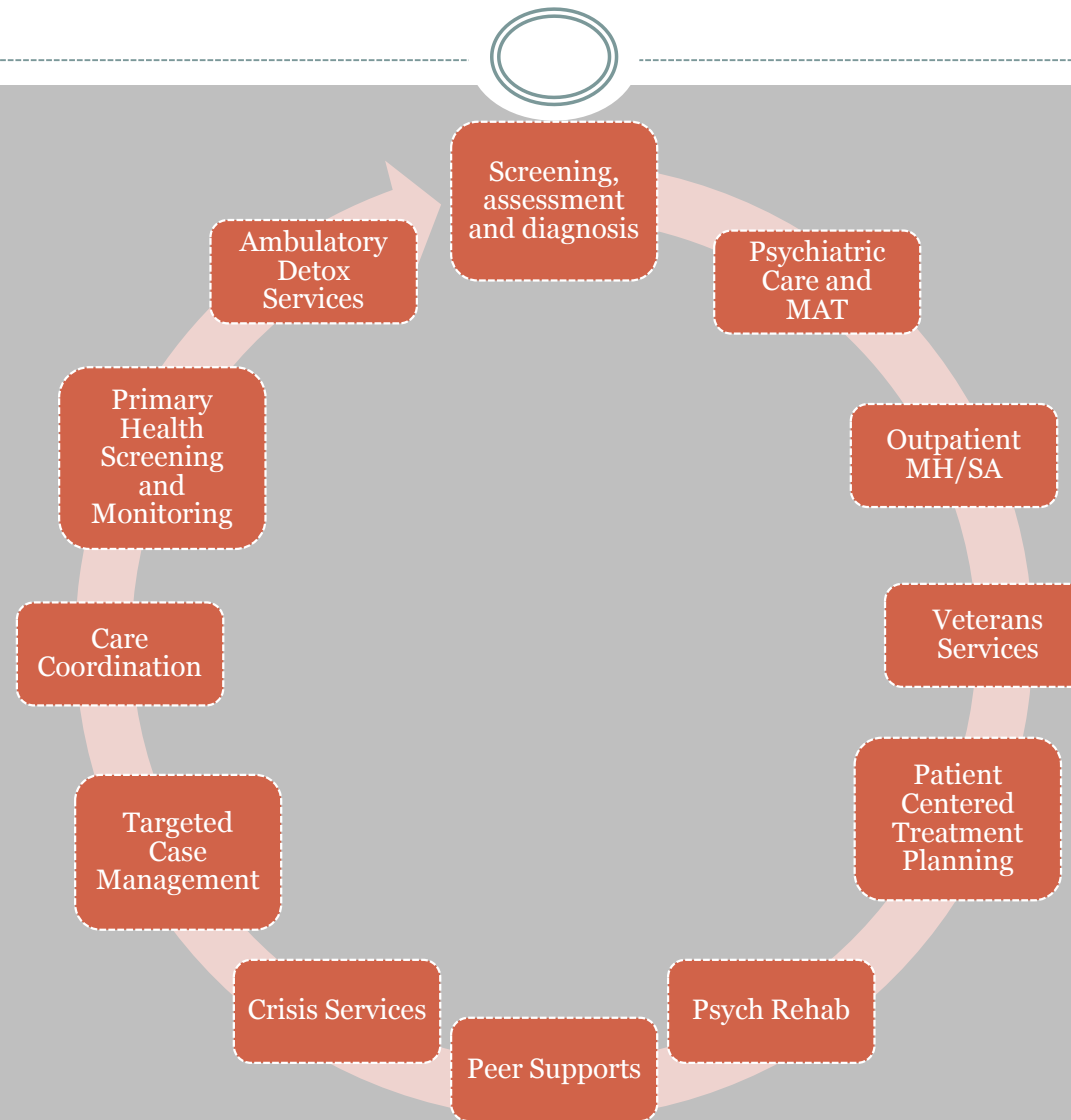
CCBHC and the Pillars of Program Success



The CCBHC Model gives us to the framework to bolster the key pillars upon which our programs rest:

1. Access to services: 24/7 access to care; integrated health care; crisis response; care coordination
2. Quality Care: Making services Evidence Based and data driven
3. Outcomes: Improved wellness and client satisfaction

Components of the CCBHC System



Core Services



Core Service must be provided by CCBHC directly:

- Behavioral Health Crisis Services
- Comprehensive Behavioral Health Screening, Assessment, Diagnosis and Risk Assessment
- Comprehensive Outpatient MH and SA Services
- Patient Centered Treatment Planning
- Care Coordination
- ASAM Level 1 Withdrawal Management for adults

Other Required Services



The services listed below are also required, but can be provided by a CCBHC directly, through a Designated Collaborating Organization, referral or other partnership.

- Outpatient primary care screening and monitoring of key health indicators and risk
- Psych Rehab Services
- Community Wellness and Recovery Centers
- Targeted Case Management
- Peer and family supports
- Community based MH and SA services for Armed Forces and Veterans
- ASAM Levels of Withdrawal Management for Adults 2WM, 3.2WM, 3.7WM

5 CCBHC Diagnostic Categories



The CCBHC seeks to make an impact in five (5) diagnostic categories:

1. Children w/Serious Emotional Disturbances (SED)
2. Adults with Severe and Persistent Mental Illness (SPMI)
3. Adults w/Substance Use Disorders (SUD)
4. Veterans w/PTSD (VETS)
5. General Population w/any other Mental Health or Substance Use Diagnosis

Required Evidence-Based Practices



Illness and Management Recovery (IMR)

Motivational Interviewing (MI)

Medication Management and Education

Trauma Informed Care (TIC)

Medication Assisted Treatment (MAT)

Assessment and Screening Tools (PHQ9, Audit, CSSRS, etc..)

Smoking Cessation

Care Coordination Partnerships

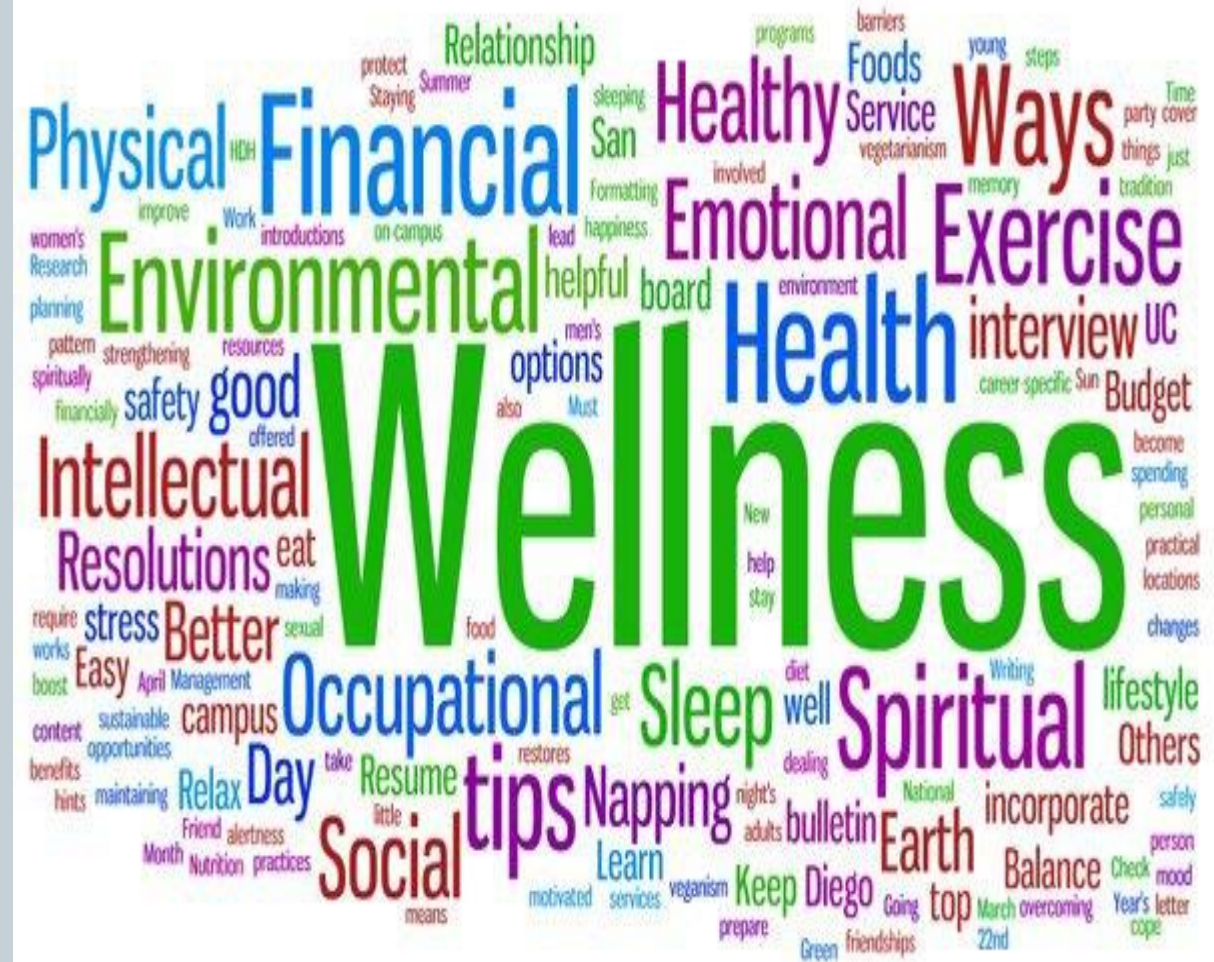


The “Linch-Pin” of program success....

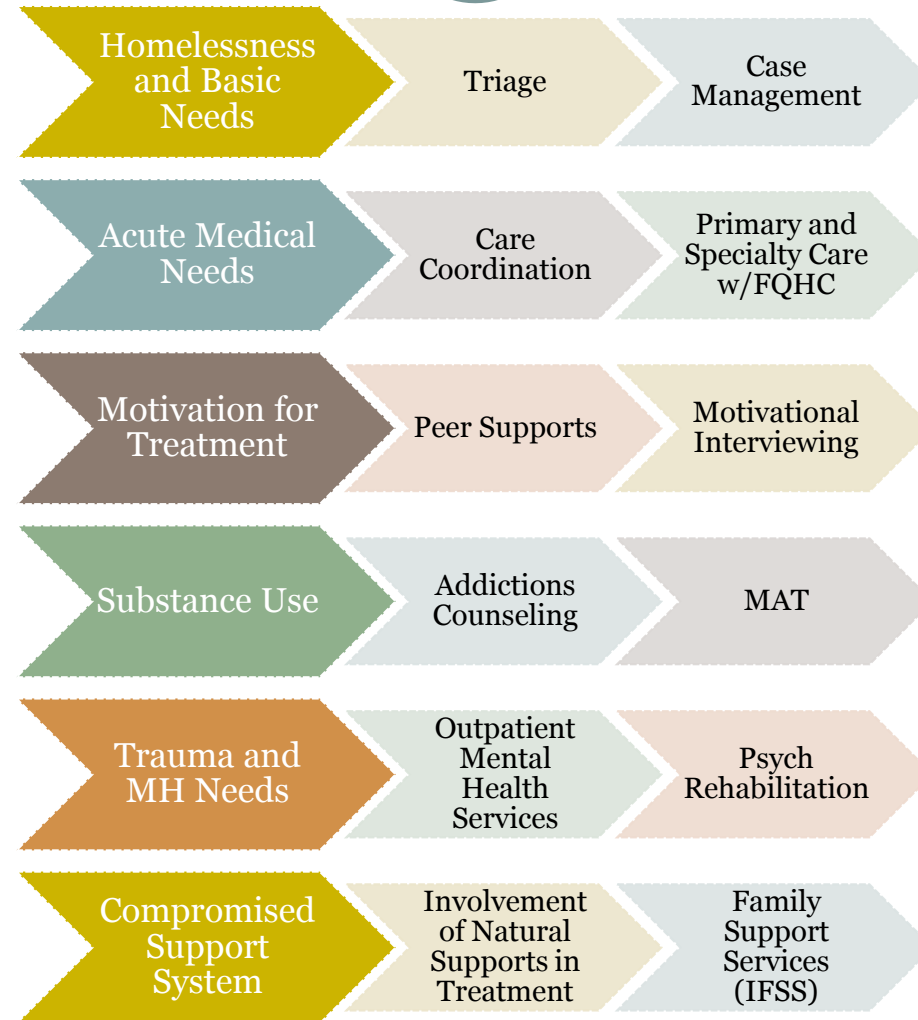
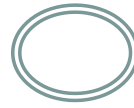
- Coordinates Care across the spectrum of services internally and externally
- Care coordination for ongoing treatment and aftercare services
- Helps to establish the “Treatment Team”
- Fosters relationships and collaboration with:
 - Schools
 - Justice and Legal System
 - Hospital System; Psych and Medical
 - DCPP
 - Veterans Affairs
 - FQHCs
 - Residential Substance Abuse Treatment
 - Methadone Treatment
 - Other Community Providers
- Done through electronic exchange of information (e.g. HIE) as well as through connecting via telephone, e-mail and in-person
- All staff are involved with the care coordination process

Improving Overall Health and Wellness

- Improved Access to Care
- A Wraparound model of service delivery that is seamless
- How does this change the experience for the individuals we serve?
- The Journey toward health and wellness...



The Journey: Mr. K



Payment Methodology



- **Prospective Payment System (PPS2)**
 - PPS2 rates are monthly bundled rates similar to capitation
 - Allows for non-billable staff and activities; Nurses, collaboration, peer specialists and flexibility in providing services,
 - Separate monthly PPS rate to reimburse to meet the needs of the special populations
- **Rates Driven by Cost Report**
 - Cost reports allows agencies to receive rates that align with the cost of providing services
- **Outlier Payments and Quality Bonus Payments**

An Overview of the CCBHC Measures



CCBHCs are required to report on CCBHC Behavioral Health Clinic Measures

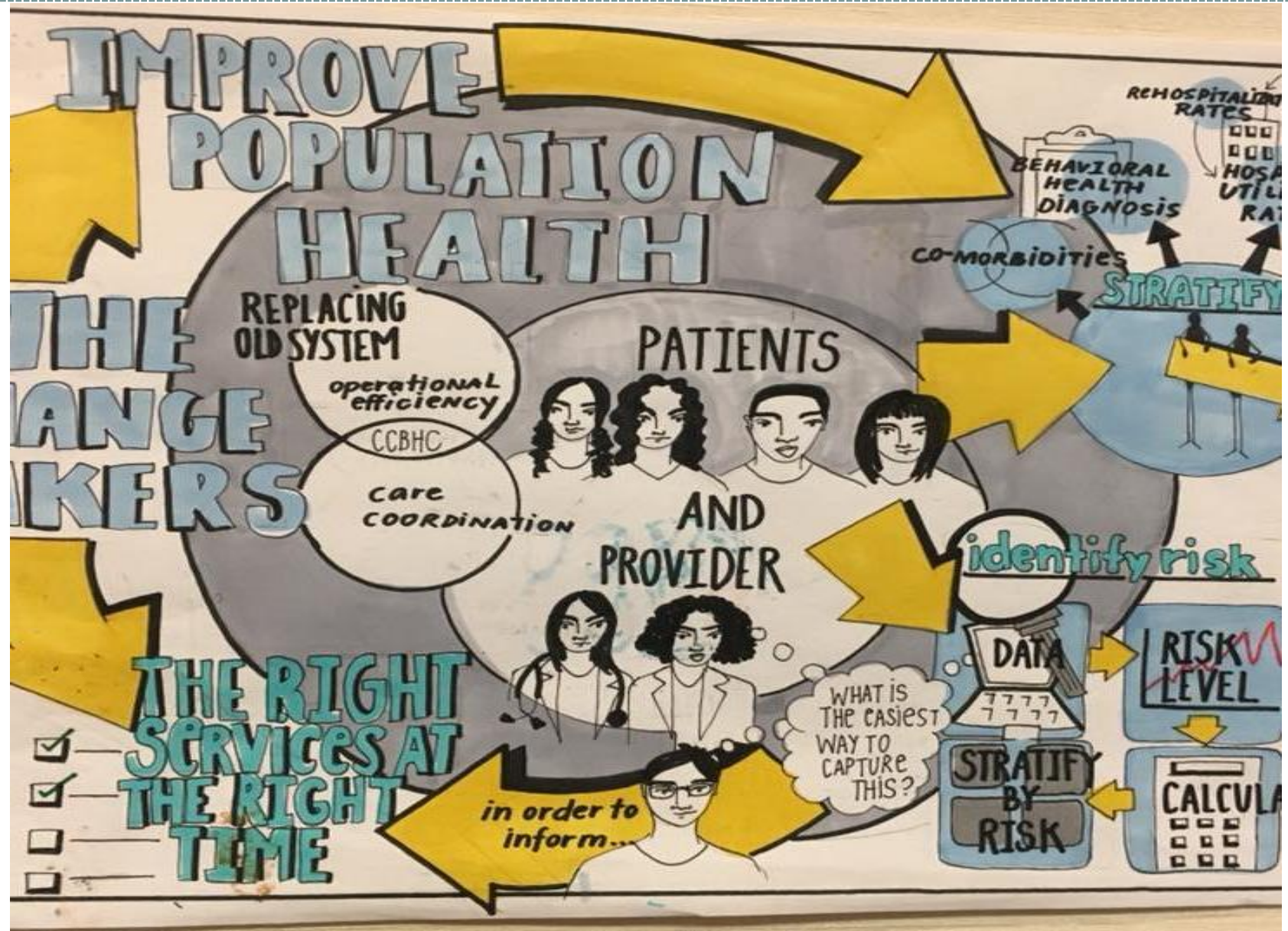
32 measures in total – structured data from EHRs, Assessments, Surveys

Federal CCBHC measures – 14

State led measures – 18

DY1 = July 1, 2017 to June 30th 2018

How are the CCBHC providers doing so far?



CCBHC Impact and Outcomes



Improved Access to Care

- Open Access
- Intake Appts. within 24hrs
- Served 18,000 individuals in Year 1

Expanded Addictions Services

- Expanded or implemented MAT services and treatment services
- Implemented AWM 2 Service
- Provided true co-occurring services

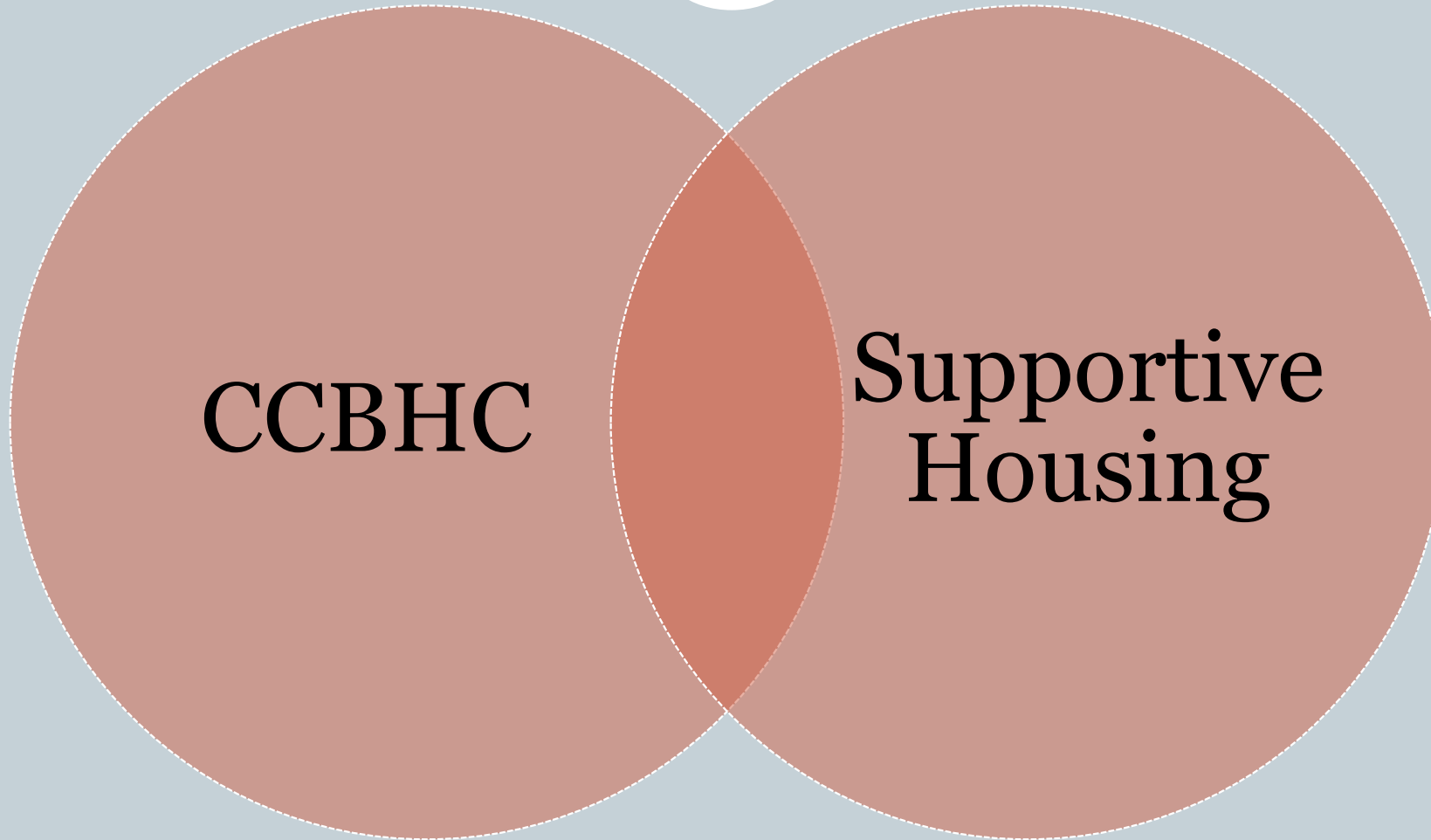
Holistic Treatment

- Treating behavioral, environmental, physical, and emotional needs of individuals
- Partnerships with FQHCs and other healthcare providers
- Providing Peer, Family and Case Management services

Technological Improvements

- HIE
- Improved Data Collection and Reporting
- Maximizing EHR capabilities
- Preparing for Value Based Models of Payment

Connection to Housing



Looking to the Future



- Implications of Federal & State policy on the viability of CCBHC in differing scenarios
 - Demonstration vs. Grant
 - ACA changes
 - Medicaid Expansion
 - Excellence in Mental Health Act
 - 1115 Waiver
 - Quality Measures in the move to Managed Care/Population Health
 - Advocacy efforts
 - Creating Partnerships with other Community Providers

Questions?

Thank you!